
Claire Russell

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To the M.I. National Elective Assembly,

I have been a member of the M.I. since I was fourteen years old. I made my consecration to Mary at the close of a summer camp for teens the first year I attended in 2001. From that point I attended camp each summer, then served as a small group leader for the summer camp for several years as an adult. I attended one retreat at Marytown also as a young adult. I have kept in touch with many of my M.I. brothers and sisters over the ensuing years.

I have a B.S. in kinesiology from Western WA University, and I earned a Doctor of Chiropractic degree from Palmer College of Chiropractic in 2014. After working for another chiropractor for a few years I opened my own practice in 2017. I bought a practice from a retiring doctor the following year and merged it with my still-new practice. I am still a solo doctor in my own practice. I provide care for patients of all ages, from infants to elderly. I value authenticity, quality over quantity, and listening carefully to my patients' needs and concerns, seeing each of them as having inherent dignity and worth. While I do not bring religion into the work place, per se, I consider patient care to be a ministry and an encounter with Christ by being His Hands and Feet for people who may not encounter Him elsewhere. Wearing a miraculous medal is one way that I reflect my devotion and bring Mary's presence to my workplace.

I have been volunteering at my parish for about four years as a Eucharistic minister and as a catechist for OCIA. I have helped with these ministries at other parishes and the Newman Center in the past as well.

If elected I would bring my experience as a Catholic professional who is rooted in St. Max's Marian spirituality and a desire to lead souls to Christ.

Sincerely,

Claire Russell